Effects of Alcohol on the Body

Depression, Anger, Violence

Cancer of throat and mouth

Less able to fight infection (colds, pneumonia)

Liver damage, Heartburn, Ulcers, Acid reflux

Loss of balance, falls

Nerve pain, loss of feeling, shaky hands

Memroy Loss, Dementia

Early aging, red and swollen nose, baggy eyes

Heart failure, blood diseases, breast cancer

Vomiting, diarrhea, bleeding, can’t absorb vitamins and nutrients

Inflammation (swelling) of the pancreas

Nerve pain, loss of feeling, tingling toes

Men: Poor sexual performance (ED)
Women: Risk of birth defects, low birth weight babies

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