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## We will get started shortly!



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FOR BEHAVIORAL HEALTH  
IN NURSING FACILITIES



June 29, 2023

## Treating Opioid Use Disorder (OUD) as an Ordinary Component of Service Provision



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# Today's Event Host

## **Nikki Harris, MA, CBHC-BS**

### **COE-NF TRAINING AND EDUCATION LEAD**

For the past 20 years, Nikki has provided program implementation, development, management, external and internal trainings, policy development, quality assurance, and managed training coordination and technical support throughout the southeast region.

Previously, she served as the project manager for the Division of Behavioral Health and Substance Use Services within the South Carolina Department of Corrections.

She has a B.A. in Psychology from the University of South Carolina, a M.A. in Counseling from Webster University and is a Certified Behavioral Specialist.



# Today's Presenter

## Linda Hurley

### **PRESIDENT AND CEO - CODAC BEHAVIORAL HEALTHCARE**

Linda Hurley is the president and CEO of CODAC Behavioral Healthcare, which is Rhode Island's oldest and largest outpatient opioid treatment program (OTP) and provider of general outpatient addiction services, behavioral health care, and recovery resources.

She has worked in substance use treatment and behavioral healthcare for more than 35 years and has a broad background in substance use disorders and mental health.

Linda established a first-of-its-kind comprehensive Medication Assisted Treatment (MAT) Program for corrections, a recognized tobacco cessation program, and one of the first HCV treatment programs embedded in an OTP.

**Contact:** [Lhurley@codacninc.org](mailto:Lhurley@codacninc.org)



# Understanding Addiction

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- Addiction is **chronic** relapsing *disease* of the brain that changes both function and structure. Just as cardiovascular disease damages the heart and pancreas impairment causes diabetes, addiction hijacks the brain. *American Medical Society (AMA), 2011*
- Characterized by craving for the object of addiction, loss of control over its use, and continuing involvement with it despite adverse consequences.
- The word "addiction" is derived from a Latin term for "enslaved by" or "bound to," *addictus*

# Conceptualizing this Common Chronic Disease

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# FDA Approved Medications for Opioid Use Disorder (OUD)

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## Methadone: replacement

- Stops withdrawal
- Does not produce euphoria
- Gives the brain the opportunity to heal
- Time to develop reinforcing psychosocial supports

## Buprenorphine (suboxone, Sublocade, Subutex): partial replacement

- Diminish the effects of withdrawal symptoms and cravings
- Increase safety in cases of overdose
- Lower the potential for misuse

## Naltrexone (Vivitrol): opioid blocker

- Not an opioid
- Blocks the euphoric and sedative effects of opioids
- Binds and blocks opioid receptors

# Visual Representation: Methadone

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# Visual Representation: Buprenorphine

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# Visual Representation: Naltrexone

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# Skilled Nursing Facilities have a role in this critical care

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- Offering methadone and buprenorphine treatment for opioid dependent residents has specific requirements.
- Continuation of care is critical and needs to be at the forefront of planning when treating and advocating for residents currently prescribed buprenorphine or methadone and in need of skilled nursing facility (SNF) care.
- Skilled nursing or rehabilitative facility may need to and can *effectively* continue a course of treatment.



# Treating Patients with OUD in Skilled Nursing Facilities

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- In these situations, residents with OUD will need a licensed Opioid Treatment Provider (OTP) to continue providing medication, monitor progress and work collaboratively with the skilled nursing facility.
- The Center of Excellence for Behavioral Health in Nursing Facilities is here to help. [nursinghomebehavioralhealth.org](https://nursinghomebehavioralhealth.org)
- Information on the MAT 2023 Act.

# Treating Patients with OUD in Skilled Nursing Facilities (cont.)

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- It is importance to establish partnerships with these OTPs, community treatment providers, and technical assistance providers in your community to assist you.
  - The Substance Abuse and Mental Health Administration (SAMHSA) has a treatment locator tool to assist you in finding local treatment agencies: <https://findtreatment.gov/>
- Providing training and education is critical to successful program planning and implementation.
  - Facilities are required to establish a memorandum of understanding (MOU) to be eligible for offsite dosing services. This includes inventory, security and chain of custody documentation.
  - There are many available resources. Don't reinvent the wheel!

# Critical Components of Successful Programming

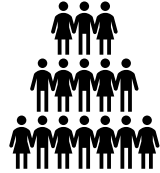
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- Establish an MOU (memorandum of understanding)
  - Establishing relationships to function, credibility and responsiveness
- Establish procedures for admissions, discharges, and courtesy dosing
- Establish protocols and standard operating procedures (SOPs) for ongoing coordination provisions of care and delivery of medications
- Provide education to SNF staff regarding:
  - MOUD treatment
  - Delivery of medications
  - Storage of medications
  - Drug Enforcement Agency (DEA) regulations
- Initial, ongoing, and as needed training for all SNF staffing is key



# Be Intentional: Established Systems Change Theory

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- Your MOU reflects the clear purpose of the initiative
- Your MOU reflects expectations of all participating entities
- The creation of operations of the initiative are a collaborative effort between all participating departments and entities
- Prompt responsiveness must be assured and demonstrated
- It is critical that support is provided for all departments
- Initial and ongoing trainings are needed to sustain any change

# Be Proactive! Systems Change Takes Work

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- Remember, the basis of almost all barriers is fear. Don't let this stop you. This work is important, and it CAN be done, and done well.
- Access training resources available to you
- Anticipate perceived challenges at all levels, from administration to day-to-day operations
  - Stigma, workforce shortages, attrition, inconsistent staffing configurations
  - These are challenges many of us face, but intentional and clear procedures, education, and acknowledging and validating these challenges from the start will make a difference

# Be Proactive! Systems Change Takes Work (cont.)

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- Remember, SNFs have a role to play and can provide vital services to residents with opioid and other substance use disorders
- Connect further with the [Center of Excellence for Behavioral Health in Nursing Facilities](#)
- Visit the Legal Action Center for advocacy toolkits and other resources <https://www.lac.org/assets/files/SNF-MOUD-Info-Sheet-June-2021-ak-formatted.pdf>
- American Society on Aging: [asaging.org](https://asaging.org)



# Stay Up-to-date and Register for our Next Event!



**JOIN OUR UPCOMING VIRTUAL EDUCATION EVENTS**

**An Overview of Schizophrenia and Psychosis**  
Wednesday, July 19 • 2 - 2:30 p.m. EST  
REGISTER HERE: [https://bit.ly/COEOverviewSandP\\_7-19-23](https://bit.ly/COEOverviewSandP_7-19-23)

**An Introduction to Creating a Trauma-Informed Culture in the Post-Acute and Long-Term Care Facility - Part 3: Trauma Screening and Trauma Assessment - Why the Difference Matters**  
Wednesday, July 26 • 2 - 3 p.m. EST  
REGISTER HERE: [https://bit.ly/COETraumaInformedCulture\\_7-26-23](https://bit.ly/COETraumaInformedCulture_7-26-23)

**A Facility Assessment Approach to Behavioral Health**  
Wednesday, July 5 • 2:30 - 3 p.m. EST  
REGISTER HERE: [https://bit.ly/COEFacilityAssessment\\_7-5-23](https://bit.ly/COEFacilityAssessment_7-5-23)

**Question, Persuade, Refer (QPR)**  
Registration is limited to 40 participants. A minimum of five (5) participants are required for the session to occur.  
Friday, July 7 • 2 - 3:30 p.m. EST  
REGISTER HERE: [https://bit.ly/COEQPR\\_7-7-23](https://bit.ly/COEQPR_7-7-23)

**Mental Health First Aid (MHFA)**  
Registration is limited to 15 participants. A minimum of five (5) participants are required for the session to occur.  
Friday, July 28 • 11 a.m. - 4:30 p.m. EST  
This session provides a MHFA certification for three years.  
TO REGISTER: To register for Mental Health First Aid, please send your name, email address, agency, and training date to [coeinfo@allianthealth.org](mailto:coeinfo@allianthealth.org) by July 14, 2023.

**An Introduction to Culturally and Linguistically Appropriate Services (CLAS) Standards**  
Tuesday, July 18 • 2 - 2:30 p.m. EST  
REGISTER HERE: [https://bit.ly/COECLAS\\_7-18-23](https://bit.ly/COECLAS_7-18-23)

**AUDIENCE:** All nursing facility staff.

This event is hosted by the Center of Excellence for Behavioral Health in Nursing Facilities (COE-NF).



## Next event:

**A Facility Assessment Approach to Behavioral Health**  
**Wednesday, July 5, 2023**  
**2:30 - 3 p.m. EST**

**[https://bit.ly/COEFacilityAssessment\\_7-5-23](https://bit.ly/COEFacilityAssessment_7-5-23)**

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## Contact us:

For more information or to request assistance, we can be reached by phone at **1-844-314-1433** or by email at [coeinfo@allianthealth.org](mailto:coeinfo@allianthealth.org).

## Visit the website:

[nursinghomebehavioralhealth.org](http://nursinghomebehavioralhealth.org)

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# Thank You!

