

# Six Guiding Principles to Create a Trauma-Informed Approach Within a Nursing Facility

**Trauma-informed care starts with learning and understanding as much as we can about a resident's lived experiences. Each circle represents a principle of trauma-informed care.**

Use these six principles to support a trauma-informed care environment that improves the care, safety and well-being of residents in your facility.



## Regulatory Guidance FTAG 699 Phase 3-Trauma-informed Care: §483.25(m)

The facility must ensure that residents who are trauma survivors receive culturally competent, trauma-informed care in accordance with professional standards of practice and accounting for residents' experiences and preferences in order to eliminate or mitigate triggers that may cause re-traumatization of the resident.

Source: <https://store.samhsa.gov/sites/default/files/d7/priv/sma14-4884.pdf>