

Behavioral Health

COHORT 1: REGIONS 1, 3, 6

CONNECTICUT • MASSACHUSETTS • MAINE • NEW HAMPSHIRE • RHODE ISLAND • VERMONT • DISTRICT OF COLUMBIA • DELAWARE MARYLAND • PENNSYLVANIA • VIRGINIA • WEST VIRGINIA • ARKANSAS • LOUISIANA • NEW MEXICO • OKLAHOMA • TEXAS



Understanding & Implementing Behavioral Health in Nursing Facilities Thursday, May 2, 2024 • 3PM ET

SESSION 2

Mental Health Basics Thursday, June 6, 2024 • 3PM ET



Screening for Mental Health & Substance Use in Nursing Facilities Thursday, July 11, 2024 • 3PM ET



Engaging with Residents: Effective Communication Skills Thursday, August 8, 2024 • 3PM ET

Incorporating BH & SUD into Individualized Assessment & Person-Centered Care Thursday, September 5, 2024 • 3PM ET

SESSION &

De-Escalating Aggressive Behavior & **Crisis in Residents** Thursday, October 3, 2024 • 3PM ET





This material was created by the Center of Excellence for Behavioral Health in Nursing Facilities (COE-NF). This work is made possible by grant number 1H79SM087155 from the Substance Abuse and Mental Health Services Administration (SAMHSA). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of SAMHSA.

Beginning May 2024, the Center of Excellence for Behavioral Health in Nursing Facilities (COE-NF) will host six monthly one-hour cohort sessions. <u>These sessions</u> <u>are FREE to attend!</u>

BENEFITS OF ATTENDING

- 1. Opportunity to learn best practices from behavioral health subject matter experts and other nursing facilities in your region.
- 2. Have a more effective resident assessment, communication, and care planning process for mental health and substance use disorders.
- 3. Understand mental health basics and the diagnoses affecting your nursing facility residents.
- With the support of your regional behavioral specialist (RBS), you will be able to implement these learnings in your facility.
- 5. Receive Continuing Medical Education (CME) credit.
- 6. *NEW* National monthly office hours where you will have time to interact with nursing facilities across the country and have a live Q&A session about the monthly training topics.

TARGET AUDIENCE

This series is intended to improve the behavioral health knowledge and skill set for all staff working in CMS certified nursing facilities across the United States.

RECOMMENDATION: In order to get the most out of this six-part series, it is recommended that facilities attend every session since the information shared in each session builds on the previous ones. To make sure that your facility doesn't miss a session, create an interdisciplinary team with different staff members responsible for attending different sessions and then provide an opportunity for each staff member to share with the rest of the team what they learned to foster ongoing communication and education within your facility.

Comagine Health is accredited by the New Mexico Medical Society to provide continuing medical education for physicians. Comagine Health designates this [Live-Recurring Scheduled Series] for a maximum of [1.0] per session attended AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.





nursinghomebehavioralhealth.org