

# Behavioral Health ACTION NETWORK

## SUBJECT MATTER EXPERTS FOR THE 2024 SERIES



### **Nina Sanderson, LSW, SMQT**

*Session 1 – Understanding & Implementing Behavioral Health in Nursing Facilities*

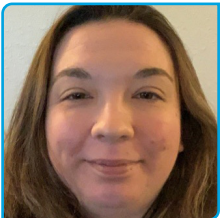
Nina is a senior improvement advisor with Comagine Health. Before joining Comagine Health, she was the social services director for 13 years at a 106-bed facility and spent 10 years as a state and federal surveyor.



### **Stephanie Smith, MSW, LCSW**

*Session 2 – Mental Health Basics*

Stephanie is the Regional Behavioral Specialist for Region 8 for the Center of Excellence for Behavioral Health in Nursing Facilities. She has worked in various settings, including residential behavioral health, child welfare, nonprofit and medical social work.



### **Krystle Malo, B.A.**

*Session 3 – Screening for Mental Health & Substance Use in Nursing Facilities*

Krystle has 20+ years of experience in the mental health field. She specializes in dialectical behavior therapy and program management and has worked with individuals facing sex offenses, juvenile offenses, and high-risk individuals with mental illness. She has also provided services to people with developmental delays and chemical dependency and provided training on various behavioral health topics for long-term care providers.



### **Jeannette Horton, LMHC, GMHS**

*Session 4 – Engaging with Residents: Effective Communication Skills*  
*Session 6 – De-Escalating Aggressive Behavior & Crisis in Residents*

Jeannette is a behavioral health quality improvement consultant with the Washington State Department of Social and Health Services. She provides resident-specific consultation to nursing homes, adult family homes and assisted living facilities dealing with challenging behaviors. She is an experienced chemical dependency professional and subject matter expert on the CMS State Operations Manual for nursing homes.



### **Caroline Stephens, PhD, RN, GNP-BC, FGSA, FAAN**

*Session 5 – Incorporating Behavioral Health & SUD into Individualized Assessment & Person-Centered Care*

Caroline is an associate professor at the University of Utah College of Nursing and the Helen Lowe Bamberger Colby Presidential Endowed Chair in Gerontological Nursing. She has 20+ years of clinical experience caring for older adults with complex mental and physical multi-morbidity.