

## Psychosis Management Through Non-Pharmacological Interventions In Nursing Facilities

Non-pharmacological interventions are strategies used to improve mental, emotional, and physical well-being that do not involve medication.

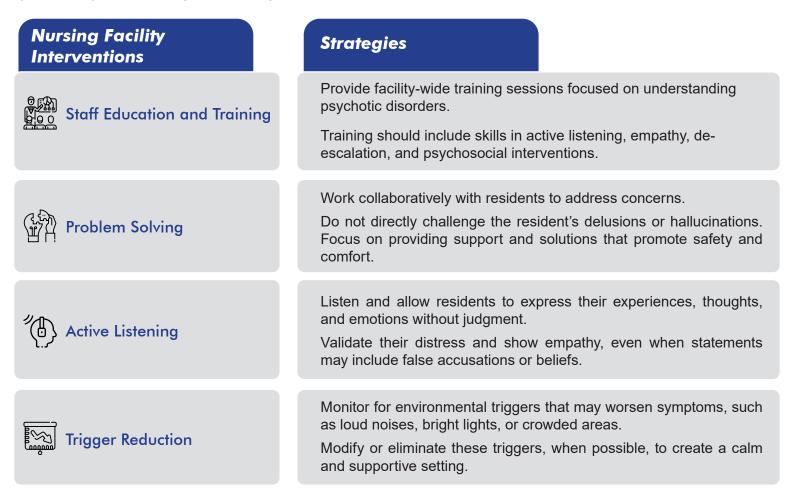
As part of person-centered care, non-pharmacological interventions can help manage various mental health conditions, including psychosis, a condition in which a person loses touch with reality.



All interventions should be personalized, included in the resident's care plan, and carried out by the team member designated on the plan.



Nursing facilities can contribute to a safe, respectful, and therapeutic environment for residents experiencing psychotic symptoms by implementing the following:



## References

What Are the Evidence-Based Treatments for Psychosis? <u>https://</u> uwspiritcenter.org/psychosis-support/ebps-for-psychosis/

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National Institute of Mental Health. Understanding Psychosis. <u>https://www.nimh.nih.gov/health/publications/understanding-psychosis</u>

National Library of Medicine, Retrieved from Supporting movement and physical activity in people with psychosis: A qualitative exploration of the carer perspective (2024). Rowan Diamond, Felicity Waite, Anne-Marie Boylan, Alice Hicks, Thomas Kabir, David Shiers and Daniel Freeman. <u>https://pmc.ncbi.nlm.nih.gov/articles/PMC11528945/</u>



Scan the QR code to view additional resources and trainings from the COE-NF.

www.nursinghomebehavioralhealth.org



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